We sometimes ask ourselves:

- Did I do something 'rude' accidentally?
- How should I shake hands, make small-talk and introduce myself politely to strangers?
- How should I dine properly and elegantly in western dinning?
- When I try on a suit/dress, how do I know if it fits well?

Get your social etiquette polished in our ONE DAY WORKSHOP and boost your confidence when attending social functions.

Note: You will be asked to join a practice lunch session on western table manners in the classroom. If available, please wear your suit (Gentlemen – jacket, shirt & tie; Ladies – suit jacket & blouse) to class.

How to be a Lady/Gentleman (Social Etiquette Training)

Date: 8 March 2016 (Tuesday of Reading Week)

Time: 9:30 am - 5:30 pm (Including a lunch practice session)

Venue: Room 411, Meng Wah Complex

Language: English supplemented with Cantonese

Class size: Maximum 40

Fee: \$120 (including lunch fee)

Deposit: \$100

Trainer: Ms Elinor Young has conducted trainings for multi-national corporations for twenty years. Since 1995, she has held many training workshops for the universities in Hong Kong. She specialises in verbal and non-verbal presentation skills, from appearances to handling difficult situations.

Registration is at Room 408, 4/F, Meng Wah Complex on a first-come, first-served basis. For enquiries, please call 2857-8388 or email cedars-cope@hku.hk

Counselling and Person Enrichment (CoPE)
Centre of Development and Resources for Students (CEDARS)



